

Rustumji and Adji came to see Baba in the night, when Shri and about eight members from the mandali ~~came~~ had a spin in the farmers' car towards the Ry station. After the motor-spin Baba treated the mandali to a fine discourse on "Life after death" which He as usual conveyed through signs. A short gist of this explanation is as follows:-

What the astral body of an ordinary human being sees and experiences after death, the Pyogis see and experience in the physical life i.e. while having their gross bodies in existence too. After death, for four days, the astral body of the deceased remains about the place of death. Then it rises up towards the planes, to gain pleasure or pain, according to its ~~Sanskaras~~ good or bad actions in the gross life, in the heaven or hell. When the stock of "Punya" or "Papi" is exhausted, it again takes a gross body ~~and~~ i.e. is reborn in the gross world.

Pyogis who misuse the spiritual powers are reborn in the stone state and have to go up the whole chain of ~~so~~ gross evolution once again, before they get the human form again.

The human form is the best of all the gross

forms. This is the only form in which one could realize God, and until one realizes God one has to continue taking births and rebirths!

The Sanskars originated, from the moment, the drop started out of the "Creator" Point of the Infinite Ocean of Truth, to be conscious and gain a knowledge of Self. And all the subsequent forms and births are necessary, only for one to be conscious and Self-knowing. But during the course of these births and rebirths the Sanskars keep on being created every moment, till at last they become so thick and sticky that they remain about a person whether dead or alive. These must be separated from one's person to Realize God! The ~~the~~ drop forgets its original mission and aim, and is conscious only of the motion and momentum given to it by these very Sanskars. A person does not realize God ~~to~~ unless and until all these Sanskars - whether good or bad - are wiped away but this wiping away is very very difficult !!!"

Haikharoo who sleeps at night in the open under a tree narrowly missed a nasty experience today. Just as he was about to lie down on his bed he felt something hard underneath. On a search being made he was badly started to find that it was a big snake snugly coiled there! The monster was soon destroyed thanks to the timely discovery.

Thur. 31. 3. '27.

There were some usual 'Thursday' visitors to Baba in the morning. Baba had a prolonged discussion again with Padri and Behramji about the quarrell that they had yesterday over the ~~draught~~ draught-play. It was eventually decided to free all the mandali members of the petty rules and bindings in general affairs. On the contrary it was decided to leave to the goodness and discretion of individual members to behave themselves in a becoming manner. Save doing the allotted duties all were made free to go about the colony wherever and whenever they liked to do so without any restrictions excepting towards the Ladies' quarters. This freedom, Baba conveyed, would help the mandali to go on living amicably in case if He locked Himself up for a considerable time in a room.

According to an invitation that Baba had received in the morning from the proprietor of the Gornkh-Baug for a tea-party, Shri and the mandali started from Incherabad at four o'clock in the evening for that place. Baba and a few left with Adji in the latter's Hudson-car while the rest followed them on foot. Quite an enjoyable time was passed here at Gornkh-Baug. The host had left nothing to be desired for in a cordial reception and lavish hospitality for Baba and party.

After sometime of Gramophone playing and Bhraosahab's musical 'Shajan' all were served with tea and sweets. The host then presented a shawl to Baba, which Shri kept

~~about~~ about His neck for some time, ~~and then~~ and then gave it back to the host as a souvenir from Himself.

At 6 P.M. The party began to return back to Inchehabad. As soon as he ~~took~~ Baba reached the colony with Baba, Sadi again brought the empty car back along the road and picked up those who were following and thus within half an hour, the whole party came back at Inchehabad.

In the course of a general conversation, while some members were sitting about Baba near the Dhoni, Sri conveyed some hints through signs about His future workings. According to what was understood then, Baba 'said' the worries and troubles of the whole world ~~was~~ were all due to "Thinking". That soon He was going to take over this "Thinking" upon Himself and as a result thereof, most probably His health ~~is~~ would be seriously affected. It would be no wonder, even if He would be so pulled down and exhausted that some of the mandali members will have to administer food and water to Him.

The sufferings will be so acute that it would be difficult even to look at it by the mandali, and ~~rather~~ naturally one and all will be very anxious about it, so much so that many of the mandali will clear away, and only a few will remain with Him. It will be after such severe sufferings; and a state of physical wreck that He will open His mouth (i.e. Begin to speak) and work wonders with words - the sacred words.

When asked as to why there should be such an upward and painful process Baba <sup>further</sup> conveyed "that is beyond your Intellect to understand. You won't

understand that, and yet that must be done, it is essential for the future workings, which will be tremendous and affect the whole of the world. It is the duty of the God-Realized Salikas to give an ~~up~~ onward push to the Subtle Universe, but the 'Head' has also to prepare the Circle, make the members Realize-God ~~and~~ as well as give an onward push to the Gross Universe too. When They (Perfect Masters) give such a push, **They** have to work for it, They have to come down from the Trivikalpa (trivikala) state, at the top of the Head (uzgi), and take their position in the "Brahmand", the centre position between the two eyes. This point is also called the junction between the Upper (Bliss) state and the lower (Human form) from where one can see the whole of the lower parts of the body (equivalent to seeing of the whole chain of past lives and forms that one had to pass through before God-Realization). The upper-most (Crown = uzgi) state is only Bliss state.

A duty is imposed on some selected few of these God-Realized ones (those who are in the top-most Bliss state) to come down to the junction in the forehead, and bring up those in the world, who are worthy to be taken up i.e. God-Realized, because of their preparedness.

But this "preparedness" does not come off hand and quickly. It requires ages and ages of sufferance and sacrifice, and connection with a God-Realized Guru. It is after all

these age-long sufferings that one is deemed worthy of being admitted in a "Circle" ~~and~~ for God-Realization. God-Realization means the absolute destruction of all Samskaras, the absolutely Stopped State of The Mind void of all thinking.

This is very very difficult! For, if the Mind tries to stop thinking, it goes to the Sound Sleep State i.e. Unconscious. Even great Yogis are unable to attain this stopped state of Mind for good. They can at the most stop-thinking (Chin) during meditations, concentrations, or Samadhi state (And this creates new Samskaras!) but no sooner that they come down from the Samadhi state that the very moment, their minds begin to work again, and the <sup>huge state</sup> ~~past~~ undestroyed Samskaras get additional quantity added to it through this transitory stopping of the mind. Hafiz has finely similarized Body with ~~smoke~~ and a pot, smoke with soul, and a huge stone with Samskaras which is lying on the top of the pot. For all its attempts how can the smoke ever succeed in throwing up the stone? For this a sage must come and lift it away! Similarly a bird may go on trying to open up a cage closed from the ~~other~~ <sup>outer</sup> side, but it will never succeed until such time that a help is received from the ~~other~~ <sup>that</sup> side. In short, those who desire to gain something - even a little benefit in this spiritual line - must have as strong a chest as that of iron, so as to withstand severe blows!